



學校體育推廣計劃

SCHOOL SPORTS PROGRAMME

2025/2026



運動教育計劃

Sport Education Programme



簡易運動計劃

Easy Sport Programme



外展教練計劃

Outreach Coaching Programme



聯校專項訓練計劃

Joint Schools Sports Training Programme



運動章別獎勵計劃

Badges Award Scheme



運動領袖計劃

Sport Captain Programme



運動獎勵計劃

Sports Award Scheme

申請辦法 Application

活動申請指引 Application Guide

階段 Phase	舉行日期 Activity Period	截止申請日期 Application Deadline
第一階段 Phase I	2025年9月至2026年1月 From September 2025 to January 2026	2025年6月13日或以前 By 13 June 2025
第二階段 Phase II	2026年2月至6月 From February to June 2026	2025年11月14日或以前 By 14 November 2025
第三階段 Phase III	2026年7月至8月 From July to August 2026	2026年4月10日或以前 By 10 April 2026



查詢電話 Enquiries

2601 7602

康樂及文化事務署 學校體育推廣小組
Leisure and Cultural Services Department
School Sports Programme Unit

資助 Subvented by



康樂及文化事務署
Leisure and Cultural
Services Department



主辦 Organised by

各體育總會
National Sports
Associations

協辦 Co-organised by

教育局
Education
Bureau

香港中文大學
The Chinese University
of Hong Kong

香港浸會大學
Hong Kong Baptist
University



Organised by the Lawn Bowls Association of Hong Kong, China (LBA)
Subvented by the Leisure and Cultural Services Department (LCSD)
Co-organised by the Education Bureau
School Sports Programme—Lawn Bowls
Prospectus

Key Information	Type of Activity	Sport Demonstration		Outreach Coaching Programme		
	Soft Bowl Demonstration	Indoor Short Mat Bowling Demonstration	Non-School Team Training		School Team Training	
			Indoor Short Mat Bowling	Lawn bowls	Lawn bowls	
Target Participants	Primary 3 or above and secondary school students					
Outline	Introduction to the history of lawn bowls history and equipment, demonstrations and practice of basic skills, and student play-in		Training content covers: bowls grip delivery, angel control, weigh control, competition rules, advanced skills and etiquette for players		Training content covers: bowls delivery, angel control, weight control, competition rules, advanced skills and etiquette for players, systematic training mode building and mock competitions	
	(Using Soft Bowl, activity could be conducted at any surface)	(Applying Short Mat to simulate the bowling green, using lawn bowls for activity)	(Applying Short Mat to simulate the bowling green, using lawn bowls for activity)	/		
Venue	Hall or activity room, with the minimum size of approximately a badminton court			LCSD bowling greens Maximum of 8 players for each rink. The venues are to be arranged by schools.		
Fee	\$780 per session (\$550 for each extended session on the same day)	\$1,460 per course (\$550 for each extended session on the same day)	\$1,820 per course	\$1,112 per course	\$1,400 per course	
Equipment to be provided by the school	Audio-visual equipment for video broadcasting, masking tapes (several rolls) and traffic cones		Wireless microphone, PA system, masking tapes (several rolls) and traffic cones	Not applicable		
Sports Equipment	Soft Bowls (to be provided by the LBA)	Short Mat and lawn bowls (to be provided by the LBA)		Related bowls equipment (to be provided by the LCSD venue)		
Duration	2 hours per session		4 lessons per course, 2 hours per lesson (8 hours in total)			
Estimated No. of Participants per Session/Course	40		8			

Key Information	Type of Activity	Sport Demonstration		Outreach Coaching Programme	
	Soft Bowl Demonstration	Indoor Short Mat Bowling Demonstration	Non-School Team Training		School Team Training
			Indoor Short Mat Bowling	Lawn bowls	Lawn bowls
Proposed Time of Activity	Monday to Friday: 9am to 6pm Saturday: 8am to 12nn				
Enrolment Form	Sport Demonstration Enrolment Form (P.188-189)		Outreach Coaching Programme Enrolment Form (P.206-207)		
How to Enrol	<ol style="list-style-type: none">1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: applicationssp@lcsd.gov.hk. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.2. For training courses under the Outreach Coaching Programme, please specify in the application whether the course is intended for a school team or non-school team.				
Points to Note	<ol style="list-style-type: none">1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.2. Participants should wear proper sportswear and sports shoes.3. The school shall arrange for its own transportation to and from the venue.4. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$210 per Sport Demonstration; \$420 per training course under the Easy Sport Programme or Outreach Coaching Programme) and refund the balance to the school.5. If the request to cancel a Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.6. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.				
Enquiry Phone No./ Website	2601 7602 / http://www.lcsd.gov.hk/en/ssp/index.html				

School Sports Programme
Sport Demonstration – General Sport
Enrolment Form

Application No. (For official use only)

Sport: _____

[for Bodybuilding] Number of Participants: ☐30 / ☐60]
 [for Athletics] Group: ☐A/ ☐B , Demonstration Programme: _____]
 [for Dance] Demonstration Programme: ☐DanceSport / ☐Breaking _____]
 [for Basketball] Demonstration Programme: ☐Basketball / ☐3-on3Basketball
Demonstration
 [for Lawn Bowls] ☐Soft Bowl / ☐Indoor Short Mat Bowling

Name of School _____

Type of School: ☐Secondary / ☐Primary / ☐Special (Please specify: _____)

Teacher-in-charge: _____ Tel No.: _____ Teacher's E-mail Address: _____

School Address: _____

Venue:

1. ☐School Venue

2. ☐Self-arranged Venue — Name of Venue (Please specify: _____)

For Beach Handball : ☐Kwai Chung Sports Ground ☐Tin Yip Road Artificial Beach Handball Court
 For Beach Volleyball : ☐Kwai Chung Sports Ground ☐Choi Hung Road Playground ☐Cafeteria New Beach
☐Repulse Bay Beach ☐Mui Wo Silver Mine Bay Beach ☐Lido Bay Beach
☐Tin Yip Road Artificial Beach Volleyball Court

3. ☐Venue Arranged By The LCSD:

For Billiard : ☐Shun Lee Tsuen Sports Centre
 For Boxing : ☐Contact Sports Centre of Pei Ho Street Sports Centre
 For Sport Climbing : ☐Shun Lee Tsuen Sports Centre ☐Shek Kip Mei Park Sports Centre
☐Po Wing Road Sports Centre ☐Tiu Keng Leng Road Sports Centre ☐Tin Fai Road Sports Centre
☐Yuen Chau Kok Sports Centre ☐Siu Lun Sports Centre

For Weightlifting and Powerlifting : Our school ☐will not/ ☐will arrange powerlifting squat stand/ bench for bench press demonstration.

For Softball : ☐Tin Kwong Road Softball Pitch

Proposed Dates and Time:

	Date (dd/mm/yyyy)	Day of Week	Session	Time	No. of Participants	Class/ Form	Venue (e.g. School hall or covered playground)
example	1/9/20XX	Mon	1st	1400-1600	40	P1	covered playground
			2nd	1600-1800	40	P2	
			3rd				
First Choice			1st				
			2nd				
			3rd				
Second Choice			1st				
			2nd				

Remark: _____

The completed enrolment form should be submitted by email.
 Email address: applicationssp@lcsd.gov.hk

Notes:	<ol style="list-style-type: none"> 1. A separate application form is required for each sport. If the number of applications exceeds the quota, the participating schools will be determined by balloting. 2. Please refer to “Application” (P.7) of this guide for the dates of application. 3. Please put a “✓” in the appropriate boxes. 4. If an outside venue is chosen for training, please specify the name of the venue and arrange transport to and from the venue. 5. Please propose the dates and time (excluding school holidays) according to the number of sessions and duration required for each demonstration programme. Schools may apply for more than one demonstration session on the same day. 6. The information provided by the applicant will only be used by the Leisure and Cultural Services Department (LCSD) and relevant National Sports Associations (NSAs) for the purposes of enrolment in School Sports Programmes, announcement of the balloting result, compilation of statistics, future contact and opinion survey. Only officers who are authorised by the LCSD and relevant NSAs may access such information. For correction of or enquiries about the personal data submitted, please contact the School Sports Programme Unit of the LCSD. 7. Schools should ensure that all participants have obtained the consent of their parents/guardians or the persons authorised by their parents/guardians to participate in the above activity, and that the participants are not suffering from any illness that renders them unfit for the activity. 8. In identifying actual or potential conflict of interest during organisation of the events under the School Sports Programme, the teachers-in-charge shall make a declaration to the school principal or approving authority with the use of the Conflict of Interest Declaration Form template at Appendix V attached in the Application Guide of School Sports Programme. For details, please refer to item VI “Conflict of Interest” of the Introduction of the Guide.
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School Sports Programme
Outreach Coaching Programme – General Sport
Enrolment Form

Application No. (For official use only)

Type of Sport: _____ (For Wushu only: ☐Elementary Course/ ☐Intermediate Course/☐Advanced Course)

Target Participants: ☐School / ☐Non-School Team (For Football only: ☐11 / ☐9/ ☐7 a-side Course / ☐Futsal Course)

(For Fencing only: ☐ Foil / ☐ Epee / ☐ Sabre)

(For Sport Climbing(ST) only: ☐ Bouldering / ☐ Lead / ☐ Speed)

Name of School: _____

Type of School: ☐Secondary / ☐Primary / ☐Special (Please specify: _____)

Teacher-in-charge: _____ Tel. No.: _____ Teacher's E-mail Address: _____

School Address: _____

Training Venue: 1. ☐School Venue 2. ☐Self-arranged Venue – Name of Venue (Please specify: _____)

For Beach Volleyball: ☐ Kwai Chung Sports Ground ☐ Choi Hung Road Playground
☐ Cafeteria New Beach ☐ Repulse Bay Beach
☐ Mui Wo Sliver Mine Bay Beach ☐ Lido Bay Beach
☐ Tin Yip Road Artificial Beach Volleyball Court

3. ☐Venue Arranged By The LCSD or NSA:

For Billiard : ☐Shun Lee Tsuen Sports Centre ☐American Pool Table under LCSD venue
(Snooker and American Pool) (Please specify: _____)
For Boxing : ☐Contact Sports Centre of Pei Ho Street Sports Centre
For Track Cycling : ☐Hong Kong Velodrome
For Orienteering : ☐Tsing Yi Nature Trails ☐Aberdeen Country Park
For Sport Climbing: : ☐Shun Lee Tsuen Sports Centre ☐Shek Kip Mei Park Sports Centre
☐Po Wing Road Sports Centre ☐Tin Fai Road Sports Centre
☐Tiu Keng Leng Sports Centre ☐Yuen Chau Kok Sports Centre
☐Siu Lun Sports Centre ☐Tsing Yi South West Sports Centre

Proposed Dates and Time:

Choice Course	First Choice				Second Choice		
	Date (dd/mm/yyyy)	Day of Week	Time	No. of Participants	Date (dd/mm/yyyy)	Day of Week	Time
example	5,12,19,26/11; 3,10/12/20XX	Wed	1600-1800	20	7,14,21,28/11; 5,12/12/20XX	Thur	1500-1700
Course 1							
Course 2							
Course 3							
Course 4							

Remark: _____

The completed enrolment form should be submitted by email.
Email address: applicationssp@lcsd.gov.hk

Notes:	<ol style="list-style-type: none"> 1. A separate application form is required for each sport. If the number of applications exceeds the quota, the participating schools will be determined by balloting. 2. Please refer to “Application” (P.7) of this guide for the dates of application. 3. Please put a “✓” in the appropriate boxes. 4. For venue arrangement, schools may consider applying for free use of the Leisure and Cultural Services Department (LCSD)’s facilities, such as main arena, activity rooms, squash courts, etc. from the venues’ opening time to 5 pm during Monday to Friday (except public holidays and during July and August) under the LCSD’s “Free-Use Scheme”. Please refer to Appendix II (P.216) for details. 5. If an outside venue is chosen for training, please specify the name of the venue and arrange transport to and from the venue. 6. Please propose the training dates and time according to the number of lessons and duration required for the sports training course concerned. 7. The information provided by the applicant will only be used by the LCSD and relevant National Sports Associations (NSAs) for the purposes of enrolment in School Sports Programmes, announcement of the balloting result, compilation of statistics, future contact and opinion survey. Only officers who are authorised by the LCSD and relevant NSAs may access such information. For correction of or enquiries about the personal data submitted, please contact the School Sports Programme Unit of the LCSD 8. Schools should ensure that all participants have obtained the consent of their parents/guardians or the persons authorised by their parents/guardians to participate in the above activity, and that the participants are not suffering from any illness that, renders them unfit for the activity. 9. In identifying actual or potential conflict of interest during organisation of the events under the School Sports Programme, the teachers-in-charge shall make a declaration to the school principal or approving authority with the use of the Conflict of Interest Declaration Form template at Appendix V attached in the Application Guide of School Sports Programme. For details, please refer to item VI “Conflict of Interest” of the Introduction of the Guide.
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The completed enrolment form should be submitted by email.
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