



Organised by



Subvented by



Application opens on 4th August 2025 at 9:30am

The mailing entry form is subject to the postmark date on / after 4-Aug-2025.

Application in advance will not be processed.

Lawn Bowls Training Programme 2025-2026 (Series 78)

1. Objectives	:	The Training Programme utilizes a systematic approach to cultivate the bowling knowledge to the participants. The ratio between coach and participants is 1:8.
2. Classes	:	Classes available in 3 levels: Beginners, Intermediate and Advanced. Any organization that has 8 participants may request Private Group Beginners Class. 2 hours per lesson, totally 8 lessons per class. Interested parties, submit entry form to LBA office by person or by post at least 5 months before the commencement of the Class Application form download on Website : www.bowls.org.hk

3. Eligibility	:	Age 8 - 17 years - Youth Class Age 18 years or above - Adult Class Age 8 years or above - Family Class Participants aged 18 or above can participate in the same level of training class once. If there are vacancies after the registration deadline and the class has not yet reached its maximum capacity, applications for a second participation will be accepted.
4. Quota	:	Maximum 8 person per class
5. Entry fee	:	HK\$100 (Youth Beginners and Intermediate course) HK\$150(Adult, Adult beginners ' Improvement class and Family Beginners course) HK\$200 (Adult and Family Intermediate course / Adult Advanced course)
6. Enrollment	:	Please submit the completed entry form and cheque to the LBA office by person or by post. The details are as follows: Cheque made payable to the “Lawn Bowls Association of Hong Kong, China” Lawn Bowls Association of Hong Kong, China Room 2010, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong. Registration time: Monday to Friday (excluding public holidays) 9:30am-12:30nn 2:30pm-5:30pm <u>Do not send cash by post.</u> <u>Entry may not be accepted if any information is missing or unclear.</u> <i>ENROLLMENT DATE: 4-Aug-2025 at 9:30am. Each applicant can only submit a maximum of three application forms each time. (Application in advance will not be processed.) On a first come first served basis.</i> <i>The mailing entry form is subject to the postmark date on / after 4-Aug-2025.</i> Please note that registration forms received by mail will be processed after 3:00 pm every day starting from Aug 4. Registration forms received are mixed and processed in random order.
7. Payment method	:	If you are unable to submit a cheque, you can choose to pay the entry fee via FPS after receiving the admission notification. (Please refer to #8, the notification for admission)
8. Notification for Admission	:	Successful participants: The successful participants will receive an email notification from LBA 2 weeks

		before the commencement of the class. The entry fee must be paid via FPS within 3 days after LBA issued the admission notification. Please clearly note your name and course code when transferring the entry fee, and record a screenshot of the payment. Return the screenshot via WhatsApp. (If you have already submitted a cheque, please ignore it.) Once the application is confirmed, no refund or class transfer is permitted. Participants who were not admitted: LBA will notify participants who have not been admitted via WhatsApp. Please note that the cheque will be destroyed without further notice. Participants may contact LBA if they do not receive any notification one week before the commencement of the class.
9. Class notification	:	Successful candidates who have paid the registration fee on time will receive a class notification email from LBA before the commencement of the class.
10. Closing Date	:	5 weeks prior to the commencement of the class (on a first come first served basis)
11. Enquiry	:	2504 8251 Website : www.bowls.org.hk
12. Next Training Programme Schedule	:	Series 79----Course Dates: April 2026 – September 2026 Enrollment Date 2-Feb-2026 at 9:30am (on a first come first served basis)

Training Time table (Please keep this page for reference)

Course Code	Level	Location	Date	Week	Time	Enrollment Deadline
BA-125	Adult beginners ' class	TKO	3/10/2025-21/11/2025	Fri	10am-12nn	29/8/2025
BA-126	Adult beginners ' class	VP	6/10/2025-24/11/2025	Mon	9am-11am	1/9/2025
BI-128	Adult beginners ' Improvement class	VP	11/10/2025-29/11/2025	Sat	8am-10am	6/9/2025
BA-129	Adult beginners ' class	VP	14/10/2025-2/12/2025	Tue	5pm-7pm	9/9/2025
BI-131	Adult beginners ' Improvement class	TCS	14/10/2025-2/12/2025	Tue	8pm-10pm	9/9/2025
BA-133	Adult beginners ' class	KT	17/10/2025-5/12/2025	Fri	7pm-9pm	12/9/2025
BI-135	Adult beginners ' Improvement class	VP	17/10/2025-5/12/2025	Fri	8pm-10pm	12/9/2025
BA-136	Adult beginners ' class	TCS	7/11/2025-9/1/2026	Fri	10am-12nn	3/10/2025
BA-139	Adult beginners ' class	VP	20/11/2025-22/1/2026	Thu	10am-12nn	16/10/2025
BA-140	Adult beginners ' class	IE	22/11/2025-10/1/2026	Sat	1pm-3pm	18/10/2025
BA-142	Adult beginners ' class	VP	9/12/2025-27/1/2026	Tue	5pm-7pm	4/11/2025
BA-143	Adult beginners ' class	VP	19/12/2025-13/2/2026	Fri	10am-12nn	14/11/2025
BA-144	Adult beginners ' class	VP	22/12/2025-9/2/2026	Mon	5pm-7pm	17/11/2025
BA-145	Adult beginners ' class	KT	2/1/2026-27/2/2026	Fri	10am-12nn	28/11/2025
BI-151	Adult beginners ' Improvement class	YCK	14/1/2026-11/3/2026	Wed	8pm-10pm	10/12/2025
BA-152	Adult beginners ' class	IE	26/1/2026-16/3/2026	Mon	10am-12nn	22/12/2025
BI-153	Adult beginners ' Improvement class	IE	26/1/2026-16/3/2026	Mon	2pm-4pm	22/12/2025
BA-154	Adult beginners ' class	IE	26/1/2026-16/3/2026	Mon	4pm-6pm	22/12/2025
BA-156	Adult beginners ' class	IE	3/2/2026-31/3/2026	Tue	2pm-4pm	30/12/2025
BA-158	Adult beginners ' class	IE	3/2/2026-31/3/2026	Tue	4pm-6pm	30/12/2025
BY-120	Youth beginners ' class	VP	27/10/2025-15/12/2025	Mon	5pm-7pm	22/9/2025
BY-121	Youth beginners ' class	TCS	15/11/2025-3/1/2026	Sat	8pm-10pm	11/10/2025
BY-123	Youth beginners ' class	IE	3/1/2026-21/2/2026	Sat	8am-10am	29/11/2025

Course Code	Level	Location	Date	Week	Time	Enrollment Deadline
IA-102	Adult intermediate class	ALC	21/10/2025-9/12/2025	Tue	11am-1pm	16/9/2025
IA-108	Adult intermediate class	ALC	8/11/2025-27/12/2025	Sat	8am-10am	4/10/2025
IA-109	Adult intermediate class	ALC	13/1/2026-10/3/2026	Tue	11am-1pm	9/12/2025
IA-161	Adult intermediate class	KT	2/10/2025-27/11/2025	Thu	7pm-9pm	28/8/2025
IA-164	Adult intermediate class	VP	14/10/2025-2/12/2025	Tue	10am-12nn	9/9/2025
IA-166	Adult intermediate class	TCS	17/10/2025-5/12/2025	Fri	7pm-9pm	12/9/2025
IA-168	Adult intermediate class	VP	20/11/2025-22/1/2026	Thu	7pm-9pm	16/10/2025
IA-169	Adult intermediate class	KT	2/12/2025-20/1/2026	Tue	10am-12nn	28/10/2025
IA-170	Adult intermediate class	VP	6/12/2025-24/1/2026	Sat	8am-10am	1/11/2025
IA-172	Adult intermediate class	TCS	30/12/2025-24/2/2026	Tue	8pm-10pm	25/11/2025
IA-173	Adult intermediate class	KT	2/1/2026-27/2/2026	Fri	7pm-9pm	28/11/2025
IA-174	Adult intermediate class	TCS	7/1/2026-4/3/2026	Wed	10am-12nn	3/12/2025
IA-175	Adult intermediate class	KT	8/1/2026-5/3/2026	Thu	7pm-9pm	4/12/2025
IA-176	Adult intermediate class	ALC	10/1/2026-28/2/2026	Sat	8am-10am	6/12/2025
IA-177	Adult intermediate class	IE	31/1/2026-21/3/2026	Sat	1pm-3pm	27/12/2025
IA-178	Adult intermediate class	IE	3/2/2026-31/3/2026	Tue	10am-12nn	30/12/2025
AA-141	Adult advanced class	KT	9/12/2025-27/1/2026	Tue	8pm-10pm	4/11/2025
AA-179	Adult advanced class	ALC	5/1/2026-2/3/2026	Mon	8pm-10pm	1/12/2025
AA-180	Adult advanced class	KT	6/10/2025-24/11/2025	Mon	7pm-9pm	1/9/2025
AA-182	Adult advanced class	VP	12/12/2025-6/2/2026	Fri	8pm-10pm	7/11/2025
AA-183	Adult advanced class	IE	2/1/2026-27/2/2026	Fri	10am-12nn	28/11/2025
AA-184	Adult advanced class	YCK	8/1/2026-5/3/2026	Thu	8pm-10pm	4/12/2025

		Venue addresses and telephone numbers
KT	Kai Tak Station Square Bowling Green	20 Muk On Street, Kowloon City (Kai Tak MTR Station Exit D) Tel: 2709 6322
ALC	Ap Lei Chau Sports Centre Indoor Bowling Green	No.8 Hung Shing Street, Ap Lei Chau, H.K. (Lei Tung MTR Station Exit A1) (Near Ap Lei Chau Main Street) Tel: 2554 0832
IE	Island East Sports Centre Indoor Bowling Green	52 Lei King Road, Sai Wan Ho, H.K. (Sai Wan Ho MTR Station Exit A) (Near Lei King Wan) Tel: 2151 4070
YCK	Yuen Chau Kok Sports Centre Indoor Bowling Green	35 Ngan Shing Street, Sha Tin (City One MTR Station Exit B) Tel: 2509 9108
TKO	Hang Hau Man Kuk Lane Park Bowling Green	Hang Hau Man Kuk Lane Park Bowling Green (Hang Hau MTR Station Exit B2) Tel : 3403 9367
VP	Victoria Park Bowling Green	Victoria Park, Causeway Road, HK (Tin Hau MTR Station Exit A2). Tel : 2570 6186
TCS	Tung Cheong Street Sports Centre Indoor Bowling Green	25 Tung Cheong Street, Tai Po (Tai Po Market MTR Station Exit A2 or Exit B, walk about 15 mins) Tel: 2691 2055

Note: All participants should wear proper sports attire and must wear smooth-soled heelless footwear while playing on the green.



Organised by
Lawn Bowls Training Programme 2025-2026 (Series 78)
Application Form

Please complete this form in Block Letters and make photocopy if necessary

Name: (Chinese) _____ (English) _____

Gender: _____ Date of Birth: _____ (dd/mm/yyyy) Age: _____

HKID No.:

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 (Prefix and first 4 digits only)

Contact Number (WhatsApp): _____

(Please provide WhatsApp Number or relative's WhatsApp Number for)

E-mail Address: _____

(Please provide the e-mail address or relative's e-mail address for correspondence)

In case of an emergency involving me, please contact _____ (Name of
Emergency Contact Person) on _____ (Tel. No.).

***I intend to take part in the following class**

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Declaration

For entrants aged below 18 years old, this part must be completed by his/her parent or guardian.

I declare that _____ (entrant's name) is healthy, physically fit, and suitable to participate in the above activity. Lawn Bowls Association of Hong Kong, China and the Leisure and Cultural Services Department shall not be liable for any injury or death which the participant may suffer in this activity, if the cause of injury or death is due to his/her negligence or inadequacy in health and fitness.

Name of Parent/Guardian: _____ Signature of Parent/Guardian: _____

Contact Tel. No.: _____ Date: _____

For entrants aged 18 years old and above, this part must be completed by the entrant himself/herself.

I declare that I am healthy, physically fit, and suitable to participate in the above activity. Lawn Bowls Association of Hong Kong, China and the Leisure and Cultural Services Department shall not be liable for any injury or death which I may suffer in this activity, if the cause of injury or death is due to my negligence or inadequacy in health and fitness.

Signature of Entrant: _____ Date: _____

The information provided will be used for the enrolment and promotion of events organized by LBA only. You may contact LBA office for any amendment or enquiries.